College's First-Ever Student Exchange Visit is Overwhelmingly Successful

To mark Jefferson College's first-ever international student educational exchange program, organized by the Global Education Subcommittee, a group of 12 students and three instructors from Darmstadt, Germany, recently visited the College as part of an remarkable learning (and sharing) experience.

The visitors observed and participated in several of the College's academic programs, viewed demonstrations and instructional technology, toured local factories/employers such as LMC Industries and H-J Enterprises, job-shadowed department managers and directors at the College, and gave presentations about aspects of their home

country, all while forming friendships and learning about life in the United States.



Each member of the German delegation stayed with a Jefferson College faculty/staff host family as a way to experience the culture, food, and traditions of the St. Louis region. The group also participated in a luncheon hosted by the St. Louis German Society, enjoyed an historical trip to Hermann, and experienced an American BBQ, complete with entertainment by a student-faculty jazz ensemble.

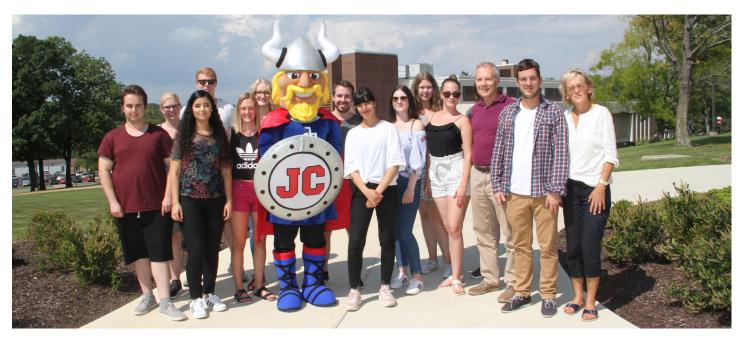


One of the many highlights of the exchange visit was a student symposium, facilitated by Communication and Theatre Associate Professor Lisa Pavia-Higel of the Global Studies Subcommittee, which included topics like German fashion designers, German traditions/fests, the Berlin Wall, and the European Union. Following the student presentations, Audience members were given the opportunity to ask questions about Germany and the topics presented.

During the symposium, English Associate Professor Chris Otto previewed next year's exchange as Jefferson College students have the opportunity to travel to Germany.

"This inaugural visit was an exceptional opportunity for both our German visitors and those in our community to share and learn about language-arts, culture, history, food, music, and contemporary issues," said Jefferson College Public Relations and Marketing Director Roger Barrentine. "Special thanks goes to Global Education Subcommittee representative Kenny Wilson for his outstanding organization and supervision of the entire process, along with everyone who helped make the visit an extraordinary, unforgettable experience."





# Know Before You Go...JCGA and Jefferson College Host Candidate Forums

Are you in the know? Area residents have the chance to hear from several individuals running for office as Jefferson College and the Jefferson County Growth Association recently hosted two forums involving candidates in county, state, and federal races. Jefferson College President Dr. Raymond Cummiskey served as moderator during each forum.

In light of the significant number of races in the November General Election, the forums were designed to allow candidates to present their respective viewpoints to the community.

Both forums were recorded by JCTV. The videos, including <u>candidates for county offices</u> and <u>candidates</u> for state and <u>federal offices</u>, can be viewed online. Not all candidates participated.



College Hosts Manufacturing Day – Connecting Education, Jobs, and Economic Development

In an effort to provide job-related resources and highlight the importance of manufacturing careers as an economic development and educational opportunity in our region, Jefferson College recently hosted the third annual Manufacturing Day. About 250 students and community members participated along with 35 area manufacturers.

Currently there is a high demand for manufacturing technicians and skilled tradespeople in Jefferson County and the surrounding region. In many instances, jobs are so plentiful that there are not enough workers to fill needed positions.



The event is part of an ongoing emphasis to change people's perceptions about today's manufacturing environment and draw attention to the outstanding opportunities that a career in manufacturing can provide.

The day featured demonstrations, career and employer information, an employer panel discussion, and tours of manufacturing companies in Jefferson County, in order to promote employment opportunities and products made in Jefferson County. Faculty and staff members from the College's many Career and Technical Education programs also showcased curriculum that prepares students for high-wage careers in advanced manufacturing.



Among the variety of participating employers were DRS Marlo, Good Earth Tools, Koller Enterprises, Heizer Aerospace, Masterchem Industries, Metal Container Corporation, True Manufacturing, Haake Manufacturing Company, H-J Enterprises, JSI, LMC Industries, MDM, Production Castings, and Western Wire.

As Jefferson County's foremost provider of higher education, Jefferson College is leading the way to showcase the advancements and opportunities in modern manufacturing and promote interest in manufacturing careers.

## College Opens Student Food Pantry - Ribbon Cutting for Vikings' Vault

To celebrate the opening of the new Jefferson College Vikings' Vault food pantry for students, the College recently held a ribbon cutting and open house on the Hillsboro campus.



The event included an overview of the project and acknowledgment of the College's Certified Professional Staff group for their role in suggesting and championing the project. Over 2,450 items were donated to the pantry during the grand opening event.

The Vikings' Vault, the name that was chosen as part of a student contest, will provide non-perishable food, frozen/refrigerated goods, and personal hygiene items free of charge to enrolled students who are in need at any of the College's locations. The pantry's existence is due in large part to grants from the Missouri Scholarship and Loan Foundation, the Missouri High Education Loan Authority (MOHELA), the Jefferson College Foundation, along with a refrigeration/freezer unit donated by the Hussmann Corporation.

Volunteers from the Certified Staff will operate the pantry on a rotating basis each week.

Food insecurity has increasingly become an issue on college and university campuses and can pose a significant barrier to student success. It has been linked to lower grades and absenteeism, and 48 percent of students in a 2016 national survey reported that they had experienced it within the past 30 days. There are over 640 colleges with food pantries across the country, according to the College and University Food Bank Alliance.

For more information about supporting or donating food items to the Jefferson College Vikings' Vault, contact Enrollment Services Director Holly Lincoln at (636) 481-3230 or email <a href="https://lincoln.gieffco.edu">hlincoln@jeffco.edu</a>.



Pictured, from left, is Jefferson College President Dr. Raymond Cummiskey, Student Senate President Maxwell Agbakpem, and Student Services Vice President Dr. Kim Harvey.

## Arrowhead/Artifact Collection Donated to College by Former Governor

Former Missouri Governor Jay Nixon recently visited the campus in Hillsboro to view an extensive collection of arrowheads and artifacts donated by his family in honor of Jay's late father, Jeremiah "Jerry" Nixon. The unique collection is being historically preserved, displayed, and used for educational study.

During his visit, Nixon also toured the College's newly renovated Library, made possible by a substantial \$1.7 million appropriation by the Missouri legislature as part of a statewide initiative he led for higher education capital projects during Nixon's term.



Nixon is a native of DeSoto and both of his parents were deeply involved in the early history and establishment of the College.



Former Missouri Governor Jay Nixon (center) is pictured with a portion of the collection of arrowheads and artifacts that his family recently donated to the College in honor of his late father, Jeremiah "Jerry" Nixon. He is shown with College President Dr. Raymond Cummiskey (left) and Director of Library Services Lisa Pritchard.

### Fall Play "Drop Dead!" October 11-14

Jefferson College's PACE (Performing Arts and Cultural Enrichment) event series will continue with the fall play production "Drop Dead!" October 11-14, directed by Communication and Theatre Professor Dr. Rebecca Ellison.

Shows are Thursday, October 11, at 10 a.m., Friday and Saturday, October 12-13, at 8 p.m., and Sunday, October 14, at 2 p.m. in the Fine Arts Theatre on the Hillsboro campus.

A cast of has-been actors plan to revive their careers in "Drop Dead!," a potboiler murder mystery directed by "Wonder Child of the Broadway Stage" Victor Le Pewe (a psychotic eye twitching megalomaniac). At the dress rehearsal the set falls, props break, and the producer and an actor are murdered. During the opening night performance, the murders continue. The remaining thespians must save the show and their careers, solve the mystery, and stay alive for curtain calls.

The play contains adult language and adult situations.

#### Cast members include:

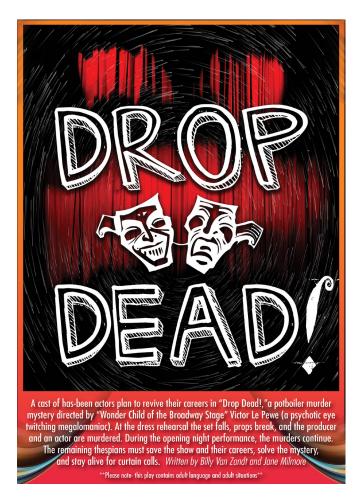
Chazz Looney - Matthew Bell Candy Apples - Desiree Terry Brent Reynolds - Ian McCreary Dick Scorsese - Skyler Hunt Mona Monet - Whitney Wolcott Victor Le Pewe - Brandon Menke P.G. "Piggy" Banks - Logan Brown Phillipa - Sabrina Ortiz Alabama Miller - Chloe Brown Constance Crawford - Tessa Vonderahe Stage Manager - Brandy Burgett Light Technician - Jade Null Sound Technician - Tiffany Vonderahe

Individual event tickets are \$5 for adults and \$2 for students/ senior citizens/matinee shows. Advance tickets may be purchased by calling Dr. Rebecca Ellison at (636) 481-3367 or by emailing <a href="mailto:rellison@jeffco.edu">rellison@jeffco.edu</a> with date of performance, type and amount of ticket(s) to reserve. Reserved tickets need to be picked up at least 15 minutes prior to show time or they will be sold to other patrons. Tickets will also be sold at the door depending on availability.

To view a full list of upcoming PACE performances, visit the Jefferson College website at <a href="https://www.jeffco.edu/PACE">www.jeffco.edu/PACE</a>.

Jefferson College offers four live dramatic productions each year, ranging from Shakespeare to murder mysteries to musicals. Students and community members are welcome to audition for plays based on details found in the audition announcements. Volunteers are also very much welcome to support the theatre productions by assisting in set construction and technical work.

The campus is smoke-free and tobacco-free, including e-cigarettes.



## PACE Series - Choir and Band Concerts October 16 and 21

Two free performances by the choirs and band ensembles at Jefferson College are part of the PACE series on October 16 and 21. Both performances will be held in the Fine Arts Theatre on the Hillsboro campus.

The Jefferson College Concert Band will entertain with the presentation of "Reflections of Home" celebrating 200 years of Jefferson County history on Tuesday, October 16, at 7:30 p.m. conducted by Elke Overton.

The Jefferson College Concert Chorale, Chamber Singers, and Community Chorale will present "Choral perspectives – An Eclectic Approach" on Sunday afternoon, March 21, at 3 p.m. in the Fine Arts Theatre on the Hillsboro campus led by Choral Director Mark Cotter, with piano accompanist Cathy Boemler.

Reservations are not required. Parking is free.

Choral Director Mark Cotter taught choral music at Crystal City High School and Seckman High School prior to retiring from full-time teaching in 2014. He is now in his fourth year as an adjunct faculty member at Jefferson College. His professional memberships include NAfME, ACDA, MCDA, and Phi Mu Alpha.

Accompanist Cathy Boemler previously taught in the Dunklin R-5 and Crystal City School Districts. She maintains a private piano studio as well as accompanies numerous choral programs at Festus, Windsor, and Seckman High Schools.

In addition to conducting the Concert Band, Elke Overton teaches Music Appreciation, Music Literature and World Music. She has been teaching and playing saxophone in the St. Louis area since 1993 and remains active with professional organizations including the Conductor's Guild, CBDNA, WASBE and MMEA. She has extensive experience teaching music at all levels--elementary, middle school, high school, community college and university. Her previous positions were at Washington University, St. Charles Community College, Webster University and University of Missouri-St. Louis.

For detailed information about other upcoming PACE performances/times, visit the Jefferson College website at <a href="https://www.jeffco.edu/PACE">www.jeffco.edu/PACE</a>.









## October is National Breast Cancer Awareness Month

#### **Key Points to Remember**

Breast cancer occurs when abnormal cells grow out of control in one or both breasts and can invade nearby tissues and form a mass.

Mammograms can find some breast cancers early, when it may be more easily treated.

The risk of breast cancer goes up with age; in general women under the age of 50 are at a low risk

#### What are the symptoms?

- A change in the way the breast feels, most commonly a painless lump or thickening in the breast or underarm
- A change in the way the breast looks. The skin may dimple or look like an orange peel
- **A change in the nipple,** it may turn in or the skin around may look scaly, or fluid may come out

#### **Screening Tools**

**Mammogram**: X-ray that can often find tumors that are too small to feel

**3-D Mammogram**: Uses x-ray to create a 3-dimensional image this is a newer test

**Clinical Breast Exam**: During a visit with your doctor, they will carefully check your breasts and underarms

#### **Screening Recommendations**

**Ages 20-39**: Some experts recommend having a clinical breast exam every 3 years starting at the age of 20, especially if you have high risk factors. It is important to talk with your doctor and schedule your yearly exam.

**Ages 40-74**: It is important to discuss with your doctor, but the general recommendations are to have a screening mammogram every 2 years from ages 50-74. This can continue as long as your health is good

**Ages 75 and Older:** Breast cancer increases with age and the age at which test no longer helps reduce death is not known, so it is important to talk with your doctor

#### What's Next?

- Visit your Mercy Clinic for a clinical breast exam or your yearly well-woman exam
- Schedule a mammogram appointment online by going to Mercy.net and searching imaging under services and selected breast imaging



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# Jefferson College FOUNDATION

## 31st Annual Viking Classic Golf Tournament Raises Nearly \$49,000

Due to the tremendous generosity of players, numerous business sponsors, and volunteers, the 31st annual Viking Classic Golf Tournament at Fox Run Golf Club was a stellar success in raising nearly \$49,000.



The College and Foundation are extremely grateful for the generous support of this year's sponsors and 28 participating teams.



Special thanks to Home Service Oil Company for their participation as the 2018 President's Cup Sponsor as well as Dinner and Awards underwriters H-J Enterprises and Enterprise Bank and Trust. Heartfelt thanks also goes to sponsors Dobbs Tire and Auto Centers, Production Castings, Inc., Ameren-Missouri, Food Service Consultants, Sheet Metal Contractors, Inc., Tom and Vicki Burke, along with Hole-In-

One sponsor Twin City Toyota, and many others who were Hole Sponsors.

Appreciation also goes to Foundation Board Member and Golf Event Chair, Al Loeffelman with Production Castings Inc., for his leadership and support and Foundation Board Secretary and returning emcee, Mike Kumpf with Specialized Catering, for his assistance and donation of chocolate chunk cookies for dessert again this year.

Without the generosity of sponsors and players, the Jefferson College Foundation would not be able to offer such a fantastic event and the students of Jefferson College would not receive the financial help they so desperately need from the Jefferson College Foundation.

Supporting Jefferson College students is a great investment in Missouri's economy.

Most students are local residents, and the vast majority find employment or continue their education in the region after graduating. The College prepares full-time and part-time students to enter the job market, to transfer to four-year colleges and universities, and to achieve their professional and personal goals. Programs and services support the economic growth of the community in response to changing needs.



# October 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
PTK Fall Induction Ceremony 2 PM FA - Theatre	JC Navigators 3 PM AS1 106	9 Ice Cream Social - MO Baptist University 11 AM - 1:00 PM SC - Cafe Social Work Education & Career Event 12:00 PM SC - Viking Room	Men's Soccer vs John Wood CC 2 pm, Soccer Field Women's Soccer vs John Wood CC 4 pm, Soccer Field Women's Basketball vs Shawnee CC 5:30 pm, Gym	11 PACE Fall Play "Drop Dead!" 10 AM, FA - Theatre Junior Viking Soccer School 6 -7 PM, Soccer Field Board of Trustees Meeting 6:30 PM, Admin. Board Room	Family Violence Council Conference 8 AM - 5 PM Field House - Gym Pall Play - "Drop Dead!" 8 PM, FA - Theatre	2nd Saturday Star Party → - Astronomy → Observation 8 PM, Softball Parking Pall Play - "Drop Dead!" 8 PM, FA - Theatre
PACE Fall Play - "Drop Dead!" 2 PM, FA - Theatre	15	Work Day No Classes All Campuses PCE Band Concert 7:30 PM FA - Theatre	17	Prevention Conference 8 AM - 3:30 PM Arnold Campus - Lecture Hall 323 Volleyball vs MSU West Plains - Conference Game 6:30 PM, Gym	Volleyball Classic T	- Halloween ournament iield House - Gym
PACE Choir Concert 3 PM, FA - Theatre	22	23	24	25 (A)	26	27
28	29	30	Happy Halloween!	1	Friday Speaker Series 11:45 AM SC - Viking Room	3











