



Associate of Arts Psychology Emphasis 2025 – 2026 Academic Plan

This academic plan is a semester-by-semester guide for the college-ready student. Students should consider bachelor’s degree requirements at transfer institutions, potential for continuing education to a graduate degree, and future career goals when selecting specific courses. This plan is not a substitute for meeting with an [Advising Specialist](#) or full-time Faculty Advisor.

Academic Plan: Fall 1 st Year			Notes
Requirement	Course	Credits	
FYEX	*First Year Experience	1	<ul style="list-style-type: none"> ENG101(H) and PSY101(H) with grades of “C” or better are prerequisites for future coursework. MTH134 or MTH132 is recommended for MATH requirement. MTH134 is recommended for most transfer institutions, but MTH132 may be accepted by some. See recommended electives below.
WCOM^	ENG101 English Composition I	3	
MATH^	*Mathematical Science	3	
SBSC^	PSY101 General Psychology	3	
CPLT	*Computer Literacy	3	
ELEC	*Elective	3	
Total Credits		16	
Academic Plan: Spring 1 st Year			Notes
Requirement	Course	Credits	
WCOM^	ENG102 English Composition II	3	<ul style="list-style-type: none"> Literature or Philosophy courses are recommended for HUMA requirement. NSCI requirement must be met by 7 credits from 2 areas with 1 lab. Some transfer institutions require 2 labs. BIO101 and CHM101 recommended.
OCOM^	*Oral Communications	3	
HUMA^	*Humanities and Fine Arts	3	
NSCI^	BIO101 General Biology	4	
SBSC^	PSY205 Life Span Human Development	3	
Total Credits		16	
Academic Plan: Fall 2 nd Year			Notes
Requirement	Course	Credits	
HUMA^	*Humanities and Fine Arts	3	<ul style="list-style-type: none"> Literature or Philosophy courses are recommended for HUMA requirement. NSCI requirement must be met by 7 credits from 2 areas with 1 lab. Some transfer institutions require 2 labs. BIO101 and CHM101 recommended. See recommended electives below.
NSCI^	CHM101 Introduction to Chemistry	5	
CIVI^	*Civics and PSC001 MO Civics Requirement	3	
GNEL^	*General Education Elective	3	
ELEC	*Elective	3	
Total Credits		17	
Academic Plan: Spring 2 nd Year			Notes
Requirement	Course	Credits	
HUMA^	*Humanities and Fine Arts	3	<ul style="list-style-type: none"> Literature or Philosophy courses are recommended for HUMA requirement. See recommended electives below.
ELEC	*Elective	3	
ELEC	*Elective	3	
ELEC	*Elective	3	
ELEC	*Elective	1	
Total Credits		13	
Total Program Credits		62	

*For a list of elective and general education courses visit, the [degree/certificate plan webpage](#).

^This general education requirement must be met by a MOTR equivalent course; see [MOTR webpage](#).

Plan includes the minimum 42 general education credit hours for MOTR CORE 42 general education credit hours for MOTR CORE 42 completion.

The Computer Literacy (CPLT) requirement must be completed with a grade of “C” or better.

Recommended Electives		
CRJ110 Introduction to Criminal Justice (MOTR)	FRN/GRM/SPN101 Beg Foreign Language (MOTR)	FRN/GRM/SPN102 Intmd Foreign Language (MOTR)
HPE138 Lifetime Fitness and Wellness (MOTR)	PSY201 Child Development	PSY215 Social Psychology
PSY225 Psychopathology and Mental Health	SOC101(H) General Sociology (MOTR)	SOC210 Alcohol, Drugs, and Society
SOC240 Marriage and Family (MOTR)	SOC250 Social Problems (MOTR)	