



**Associate of Arts Health and Physical
Education/Sports Management Emphasis
2025 – 2026 Academic Plan**

This academic plan is a semester-by-semester guide for the college-ready student. Students should consider bachelor’s degree requirements at transfer institutions, potential for continuing education to a graduate degree, and future career goals when selecting specific courses. This plan is not a substitute for meeting with an [Advising Specialist](#) or full-time Faculty Advisor.

Academic Plan: Fall 1 st Year			Notes
Requirement	Course	Credits	
FYEX	*First Year Experience	1	<ul style="list-style-type: none"> ENG101(H) with a grade of “C” or better is a prerequisite for future coursework.
WCOM^	ENG101 English Composition I	3	
HUMA^	*Humanities and Fine Arts	3	
MATH^	*Mathematical Science	3	
SBSC^	*Social and Behavioral Science	3	
GNEL^	HPE138 Lifetime Fitness and Wellness	2	
Total Credits		15	
Academic Plan: Spring 1 st Year			Notes
Requirement	Course	Credits	
WCOM^	ENG102 English Composition II	3	<ul style="list-style-type: none"> NSCI requirement must be met by 7 credits from 2 areas with 1 lab.
NSCI^	*Biological or Physical Science	4	
CIVI^	*Civics and PSC001 MO Civics Requirement	3	
CPLT	*Computer Literacy	3	
ELEC	HPE106 Weight Training I	1	
ELEC	HPE150 Care Prevention of Athletic Injuries	3	
Total Credits		17	
Academic Plan: Fall 2 nd Year			Notes
Requirement	Course	Credits	
OCOM^	*Oral Communications	3	<ul style="list-style-type: none"> NSCI requirement must be met by 7 credits from 2 areas with 1 lab.
HUMA^	*Humanities and Fine Arts	3	
NSCI^	*Biological or Physical Science	3	
ELEC	HPE130 Personal Health	3	
ELEC	HPE132 First Aid/CPR	3	
Total Credits		15	
Academic Plan: Spring 2 nd Year			Notes
Requirement	Course	Credits	
HUMA^	*Humanities and Fine Arts	3	
SBSC^	*Social and Behavioral Science	3	
GNEL^	*General Education Elective	3	
ELEC	HPE140 Foundations of Sport Management	3	
ELEC	*Elective	3	
Total Credits		15	
Total Program Credits		62	

*For a list of elective and general education courses visit, the [degree/certificate plan webpage](#).

^This general education requirement must be met by a MOTR equivalent course; see [MOTR webpage](#). 

Plan includes the minimum 42 general education credit hours for MOTR CORE 42 general education credit hours for MOTR CORE 42 completion. The Computer Literacy (CPLT) requirement must be completed with a grade of “C” or better.