



Law Enforcement Academy

1000 Viking Drive, Hillsboro, MO 63050
(636) 481-3425 www.jeffco.edu/jclea



Understanding Mental Health in Youth & Understanding Autism Spectrum Disorder

Date: 10/13/2025

Time: 0800 - 1200 Hours

Location: Jefferson College Law Enforcement Academy - 1687 Missouri State Rd, Arnold, MO 63010

Room: JCA - 323

Instructor(s): Tara Halter

Registration Deadline: 10/6/2025

Registration Contact: (636) 481-3425 or dhawkin1@jeffco.edu

Intended Audience: Commissioned LEO

Prerequisite: None

Dress Code: Business Casual

Course Description:

This training provides an overview of the major mental health conditions that law enforcement is likely to encounter. A description of each condition will be provided along with tips for law enforcement interaction with individuals experiencing that condition. Through an interactive experience, law enforcement will have the opportunity to experience psychosis and the challenges that it presents for individuals suffering from it. Law enforcement will be provided with tools that will aid in making interactions with individuals easier and more efficient.

This training focuses on Autism Spectrum Disorder. Participants will gain knowledge about symptoms of Autism Spectrum Disorder, prevalence and risk factors. The presentation will also address safety issues and concerns for both the individual and law enforcement. Participants will learn de-escalation techniques to interact with a person with Autism Spectrum Disorder.

POST Core Curricula	Interpersonal Perspectives	Legal Studies	Skill Development	Technical Studies	Firearms Skill Development	Total Hours
POST Hours	4	0	0	0	0	4

Certificate Issued by: Jefferson College Law Enforcement Academy

Cost: Contract Members: \$0.00

Non-Contract: \$0.00

Class Limits: Minimum: 10

Maximum: 30

Additional Information: None

Attendance Requirement: Participants must be present for all training hours to certify.