CAREER DEVELOPMENT CHECKLIST

Using these checklists will help you organize your thoughts and career plans as you consider your future academic and career goals.

FIRST YEAR (0-30 CREDIT HOURS)

ASSESS PREPARE Reflect on past experiences, activities, Create academic and career goals. and classes you've enjoyed and think about why you enjoyed them. What made Consider different opportunities to gain you interested or engaged? experience, such as internships, study Identify your skills, interests, and values abroad programs, and part-time and through self-reflection and career and volunteer positions. personality assessments like MyMajors Create/update resume and write a cover and Focus2. letter Schedule a Career Conversation to talk about your assessments, reflections, and Submit to Employment Services further guidance. for review **EXPLORE ENGAGE** Explore your interests by getting involved Create a LinkedIn profile and review your with student organizations, campus online presence events, and volunteer opportunities. Register on Handshake. Enroll in classes related to topics and Develop your elevator pitch. potential careers that interest you. Pursue summer opportunities that align Research multiple career fields, industries, with your skills and experiences you want to and work environments to discover your explore. preferences. Attend workshops, job fairs, career expos, Consider your transfer options based on and other informational/networking events your career interests.

Jefferson & WORKFORCE DEVELOPMENT & EMPLOYMENT SERVICES

Website: www.jeffco.edu/employmentservices

Email: employmentservices@jeffco.edu

636-481-3144